

## LOCAL EVENTS & ACTIVITIES

### Bike Maintenance for Women workshop Saturday 30 April, 8:30 – 10:30am

Women are invited to this 2 hour workshop to learn basic maintenance techniques for your bike. Change a tyre, repair a tube, clean and lubricate your chain, check and adjust your brakes. For full details & to book for this free workshop call Lake Macquarie City Council on 4921 0333. More info visit [www.lakemac.com.au](http://www.lakemac.com.au).

### Chemical CleanOut—Saturday 21 May, 9am – 3pm

CleanOut is a free service for the safe disposal of a range of household chemicals that could cause harm to human health and the environment if they are not disposed of correctly. Open to all residents regardless of Local Government Area. Location: Glendale TAFE, Frederick Street, Glendale **For acceptable products visit [www.cleanout.com.au](http://www.cleanout.com.au) or call EPA Environment Line on 131 555.**

### Also available at The Cottage:

- Information,
- Referral,
- Emergency Relief Food Vouchers (Tuesday—Fridays 10am til 3pm)
- St Vincents EPA Voucher assistance (Wednesday afternoons—prior appointment required)
- OZ Harvest
- Taxation Assistance,
- Justice of the Peace
- Photocopying and faxing facilities.

Swansea  
Community  
Cottage is  
supported by:



Family &  
Community Services

Swansea Community Cottage is located in The Swansea Centre, 228 Pacific Highway, Swansea



## Community Support

Swansea Community Cottage provides a community support service that distributes clothes, shoes, kitchen wares, blankets and linen, books, toys and books. These are all distributed free of charge from the Cottage however donations are always welcome.

Accessible building with free car parking in the rear car park off Wood Street and 15 minute parking on the Pacific Highway. Bus pick up and drop off is also available out the front of the building on the Pacific Highway.

## Swansea Community Cottage Inc

228 Pacific Highway, (PO Box 203), SWANSEA NSW 2281

Phone: 02 4971 1229 Fax: 02 4971 1229

E-mail: [rhondacottage@hunterlink.net.au](mailto:rhondacottage@hunterlink.net.au)

## Swansea Community Cottage Inc

### Autumn 2016 Newsletter

## APRIL 2016 SCHOOL HOLIDAYS Vacation Care—Caves Beach & Swansea

Once again Swansea & Caves Beach Vacation Care will be running fun programs during the April School Holidays for school children up to 13 years old.

**Vacation care commences Monday 11 April 2016 until Tuesday 26 April 2016**

Children can attend **either** centre & participate in a range of activities including swimming, the movies with Zootopia and Kung Fu Panda 3, laser tag, ten pin bowling, the Kavon theatre, oakvale farm, lego building, yoga, ice skating, tobogganing, and the wetlands. They can attend one day, a few days or they can attend for the whole program.

**All children are eligible** to attend whether you are a working or stay at home parent & children from outside of the Swansea & Caves Beach area are also welcome & encouraged to participate.

The cost can be as little as \$8.10 per day including excursions and activities. A full program is available from the Cottage or on our website [www.swanseacommunitycottage.com.au](http://www.swanseacommunitycottage.com.au)

Application forms are also available to download from the website. **Please note bookings are essential** to ensure adequate staff is allocated to each day's activities.

For further information or to book your child in to attend call Swansea Community Cottage on 02 49711 229.

## Autumn 2016 @ "The Cottage"

### Swansea & Caves Beach Before and After School Care (OOSH) Services

We operate two centres Monday to Fridays with both before and after school care available during school terms. New enrolments are always welcome.

COOSH is located at "The Green Shed" at Swansea High School, Park Ave, Caves Beach and services Nords Wharf, St Patricks, Caves Beach schools. Call Kathy on 0418 661 321

SWOOSH is located at "The Channel House" at Swansea Public School and services Swansea, Pelican, Marks Point and Blacksmiths schools. Call Narelle on 4971 0022.



For further general information contact The Cottage on 49711229 or visit our website at [www.swanseacommunitycottage.com.au](http://www.swanseacommunitycottage.com.au)

### SOCIAL GROUP FOCUS— CROCHET!

A social and fun group each Friday where you can learn from others how to crochet, share your patterns or share stories and just enjoy time out making new friends.

Come & join our group from 10am to 12 noon. No experience necessary. 80 cent donation covers your attendance and includes tea, coffee & biscuits.

## ACTIVITIES WITH "THE COTTAGE"



Regular classes & activities may alter over school holiday breaks. Please check with the Cottage if you have any questions about timetables, joining in or costs.

### Mondays

- \* Beading 10am – 12 noon weekly
- \* Homeless Service (NOVA) 10am – 12 noon (New time—18th April onwards every 2 weeks)
- \* Cottage Forum – occasional talks & discussions

### Tuesdays

- \* Drawing, watercolour, acrylics 10am-3pm (Pam Nicholls)

### Wednesdays

- \* Playgroups 10am til 12 noon (school terms only)
- \* Patchwork 10am til 12 noon
- \* Youth Centre Drop In 3pm—5pm

### Thursdays

- \* Patchwork 10am til 12 noon

### Fridays

- \* Playgroup 10am til 12 noon (school terms only)
- \* Crochet & Knitting 10am til 12 noon
- \* Art – Watercolours 1-3pm
- \* Creative Writing 1pm- 4pm

### Saturdays (at Channel House, Swansea)

Women in Recovery from 2.30pm onwards

Also available in the Swansea Centre, 228 Pacific Hwy, Swansea

**Eastlake Youth Centre 4972 1111**

ELYC provides support and referrals to young people and their parents, families and carers.

**Swansea Visitors Centre 4921 0740**

For information and assistance in holidays, activities and destinations for locals and tourists alike in Lake Macquarie.

**East Lake Macquarie Historical Society 49713509**

Acquires, records & undertakes research, conservation, display & interpretation of local historical & cultural material of East Lake Macquarie region.

**Swansea Library 4921 0780**

Books, newspapers, cds, dvds, internet access, book club, movie nights, bubs reading & more.

**TAX HELP STARTS AGAIN IN JULY** Don't feel overwhelmed—we can help! Make sure you get all your receipts and paperwork together and we can lodge your return before the end of October 2016.

The Cottage provides a FREE service to those who earn below \$55,000. We prepare & complete your tax returns & past years claims. Appointments are required—mid July onwards.



**Swansea Community Cottage Inc**

228 Pacific Highway, (PO Box 203), SWANSEA NSW 2281

Phone: 02 4971 1229 Fax: 02 4971 1229

E-mail: [rhonacottage@hunterlink.net.au](mailto:rhonacottage@hunterlink.net.au)